

CANS Bulletin

February 2019



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The Grapevine—A Note From Cheriee

As I am writing up my note for the February bulletin, we are just hearing news that the government will be funded for a few more weeks. Hopefully, if you are reading this after Feb. 15, all is back to normal and the nation can resume business as usual. If not, we start another government shutdown and I will continue to provide updates as new information becomes available.

As we return to business as usual, don't forget to plan something fun for National School Breakfast Week on March 4–8. Children who eat a healthy breakfast tend to perform better in school, have better attendance rates, and have fewer behavior problems. Find a way to plan for something fun for your students this week! Poster contests are a cost-effective idea and the end result is a colorful way to brighten up your cafeteria!



National School Breakfast Week poster courtesy of schoolnutrition.org

The USDA FNS website has some other good ideas to market your breakfast program and work on increasing participation: <https://www.fns.usda.gov/sbp/marketing-ideas#breakfasts>. Including inviting parents to breakfast, serving breakfast for lunch, or celebrate with a theme day. I would love to see children eating a healthy breakfast in pajama's!

Thanks for hanging in there and keep nourishing those hungry, developing minds!

–Cheriee Watterson

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South Dakota Sponsor Spotlight!

Is your school or agency is doing anything unique and interesting in your programs that you would like to share!? Do you want to be featured in our South Dakota Sponsor Spotlight segment!? Submit any pictures along with a summary of the exciting events that you're doing to DOE.SchoolLunch@state.sd.us.

Rapid City High School Cafeteria Face Lift

The staff at the Rapid City School District were hard at work over Christmas break. They gave their high school cafeterias a face lift! Check out some of their branding pictures below! They have been hard at work branding and marketing their various cafeterias and child nutrition programs!



Check in With CANS Monthly Conference Call

SY 18-19 Dates

Mark your calendar!! Check in with CANS is a monthly conference call scheduled for the first Thursday each month. This call is open to all agencies on the Child Nutrition Programs and the Food Distribution Program in schools. Each call will start with a report from CANS with hot topics, new guidance or program clarifications, and reminders of upcoming dates. There will also be time scheduled during each call for participants to ask questions.

Check in with CANS is scheduled on the first Thursday of each month starting at **2:30 pm CT / 1:30 pm MT**. Calls are scheduled for:

- March 7th
- April 4th
- May 2nd
- June 6th (*tentative*)

To join the conference call, **dial 1-866-410-8397 and enter code: 6507733610**. If you have trouble joining the conference call, or have additional questions, call the CANS office at 605-773-3413. Feel free to send in questions ahead of the call to DOE.SchoolLunch@state.sd.us please reference "Conference Call Question" in the subject line.

Shortly before the call, an agenda will be posted to the CANS website main page, <http://doe.sd.gov/cans/index.aspx>, under *Check in With CANS*. Shortly after the call is complete, the call minutes will replace the agenda with additional information. Please mark your calendar for these dates and join us!

Local Agency Procurement Support (LAPS)

So, do you have “Oh So Many Questions!!!” about Procurement? Why not network with other agencies and CANS to get those questions answered? Starting on **November 14 at 2 pm Central time** we will begin having monthly procurement calls on a variety of topics. They will continue to be held on the second Tuesday of each month unless otherwise notified.

- February 13 - Informal Procurement
- March 13 - Formal Procurement

The call-in number is **1-866-410-8397** and the conference code is **3490506657**. Email reminders will be sent out to Food Service Directors and Business Managers the week before the call. Please mark this on your calendars and have your questions ready. If you have any procurement topics you would like to have addressed, please email or give me a call.

Gerianne.Headrick@state.sd.us or 605-773-4718

National School Breakfast Week Contest

The USDA Mountain Plains Regional Office (MPRO) has given the CANS office a giant salad spinner to give away to one of our SFAs! To give away this salad spinner, we are going to be holding a contest to encourage SFAs and individual schools to celebrate National School Breakfast Week (NSBW).

How the contest will work:

1. Come up with a plan for how to celebrate National School Breakfast Week (March 4-8, 2019)
2. Carry out the plan that was set in place
3. Take pictures of the various ways that you celebrate NSBW
4. Submit your pictures and a detailed description of your celebrations no later than March 22nd to this survey monkey link: <https://www.surveymonkey.com/r/96M5KL8>

After the deadline, the submissions will be reviewed and one lucky winner will be chosen to win the salad spinner! The salad spinner is approximately 5 gallons and can hold 6-8 heads of lettuce!



SNA University Trainings

This fall SNA released their SNASD University training and registration. Time is fast approaching to take part! Deadline is February 21st. If you would like to attend but need additional time to register due to certain circumstance (needing school board approval, etc.) please let Lynn Dunker, SNASD Vice President know as soon as possible. Lynn.Dunker@k12.sd.us.

- **Saturday, March 30th** is in Pierre. Presented by CANS staff. Topic: Orientation to School Food Service
- **Saturday, April 6th** is in Aberdeen. Presented by Institute of Child Nutrition on the topic of Reimbursable Meals and Food Safety.

See the Trainings and Events tab on the SNASD website for more information and for the registration link. <https://www.snasd.org/events-trainings>

Fresh Fruit and Vegetable Program (FFVP) - 2019-20 Application Request

If an elementary school from your district is interested in participating in the FFVP for SY19-20, please click the Application Request link and provide contact information. The contact person will be notified when applications become available. Selection for the program is primarily based on the free/reduced eligibility percentage from October 2018.

FFVP 2019-20 Application Request

2019-20 Fresh Fruit and Vegetable Program - Application Request

The Fresh Fruit and Vegetable Program provides funds to elementary schools for purchase of fresh fruit and vegetable snacks. Preference of site selection is given to high free/reduced eligibility from the most recent October.

The service of the FFVP must be provided during the school day, and not served in conjunction with other federal programs (cannot be served at the same time as breakfast, or lunch). Also, the service of fresh fruits and vegetables cannot be served with accompaniments (fruits and vegetables cannot be served with juice, milk, bread, etc.). FFVP dollars cannot be used to cover the cost of fruits and vegetable served at lunch or breakfast service. Additionally, the FFVP must be scheduled to be provided at least twice per week.

NOTE: All current participants will be automatically invited, once applications are available.

Please feel free to contact Rob Ingalls (rob.ingalls@state.sd.us) with any questions, or check out resources on the [CANS-FFVP webpage](#).

Local School Wellness Policy Implementation

Since the Local Education Agencies (LEAs) must fully comply with the requirements of the final rule by June 30, 2017, your school likely has a local wellness policy written. We encourage LEAs to review their document to make sure it contains the required elements. The three-year formal review, as described in the [Summary of the Final Rule](#), will be included in the 2019-2020 school year Administrative Review. We invite you to take a minute and review the policy your school has in place.

So, go ahead. Locate your school's wellness policy.

- Was it easy to find?
- Would a person from the general public know it exists, or be able to look at it?
- Is there a person with authority to oversee the policy listed as a contact?
- Is there a mixed group of people involved in making its goals?
- Can those goals be measured and tested as to their success or unexpected weakness?
- Is the policy regularly reviewed, updated as necessary, and its changes made public?

Just a few questions to consider!

Of course, the [CANS NSLP website](#) has a whole section of helpful information pertaining to the Wellness Policy. Check out the "School Meal Programs Requirements" dropdown under the Wellness Policy heading.

Here are a few additional links to resources we hope you find interesting and assist your efforts towards a healthy school environment.

- [Stories from Districts and Schools](#)
- [CDC Healthy Schools](#)
- [Team Nutrition](#)

Now Available! Food Buying Guide Calculator



Food and Nutrition Service has released the Food Buying Guide Calculator. This new feature is a part of the Food Buying Guide for Child Nutrition Programs Interactive Web-Based Tool. This feature is a one stop shop for all Food Buying Guide resources. The FBG Calculator will create a shopping list to assist Child

Nutrition Program operators in streamlining their food ordering needs. The FBG Calculator may be accessed along with the other Food Buying Guide resources at <https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs>.

2018-2019 Team Nutrition Webinar Series

Join us on the **2nd Thursday** of every month at **2:30 PM** (CST) for our 2018-2019 Team Nutrition webinar series. SDSU Extension Family and Community Health Field Specialist, Francesca Benson (previously Willard), will be conducting this monthly webinar series over the course of the next 6 months. Tune in to learn more about what Team Nutrition has to offer, grant-specific topics, tips on applying for grants, and much more! Learn and understand more about Team Nutrition and be able to ask Francesca about any specific questions you may have! See below for tentative dates and topics for the 6-month webinar series!

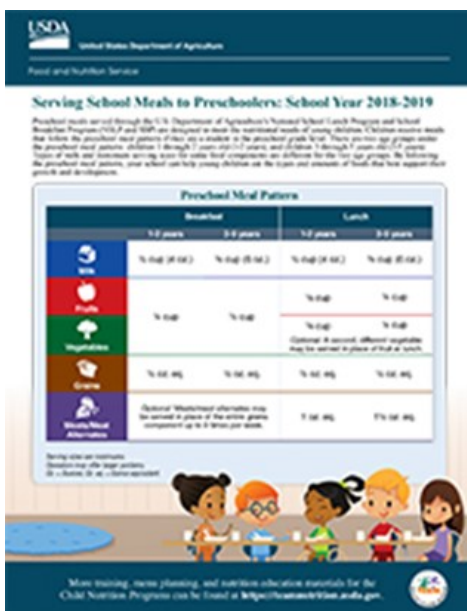
- February 14th – Fuel Up to Play 60
- March 14th – Team Nutrition Resources

If you would like to be included on the listserv for reminder emails and links to upcoming webinars email Francesca at Francesca.Benson@sdstate.edu.

To join the session, please click on the link below within 30 minutes of the specified time.

<https://sas.illuminate.com/m.jnlp?sid=2007004&password=M.E544A6A79F5A7BF9A0D3FB709F33A0>

“Serving School Meals to Preschoolers”—Now Available



The USDA's Team Nutrition initiative has just released a training worksheet entitled "Serving School Meals to Preschoolers". This colorful four-page worksheet can be used to plan and prepare menus that meet preschool meal patterns in the School Breakfast Program and National School Lunch Program. Also included is information regarding co-mingling of students aged preschool thru older grade groups as well as scenario-based questions to test for knowledge and understanding.

All materials are available in English online at <https://www.fns.usda.gov/tn/serving-school-meals-preschoolers>.

Spanish printed versions coming soon.

SNA Webinar Wednesdays

On Wednesdays the School Nutrition Association (SNA) presents webinars relating to various topics across the Child Nutrition Programs. Below you will find a list of upcoming webinars that they will be hosting. You can find more information about each of the webinars as well as registration information here: <http://schoolnutrition.org/Webinars/>

Registration Is Open:

Best of #SNIC19: Prepare Your Organization for the Workforce of the Future

Wednesday, February 13, 2019, 1:00 pm CT / 12:00 pm MT

Workforce strategist Kim Lear will decode the key trends shaping the future of work for every generation with a mix of data, storytelling and humor. Learn more about recruiting in a competitive landscape, creating collaborative workplaces, retaining employees and more!

Community Eligibility Provision: Title I, Budgeting, and Getting Buy-In

Wednesday, March 6, 2019, 1:00 pm CT / 12:00 pm MT

In partnership with FRAC, join this webinar to hear from DOE and USDA policy experts, as well as from a school districts that has gotten buy-in for implementation and is successfully operating community eligibility. FRAC will also share available CEP resources.

Best of #SNIC19: Turning Disruption and Change Into Opportunity and Advantage

Wednesday, March 13, 2019, 1:00 pm CT / 12:00 pm MT

Join innovation expert Daniel Burrus as he explains what it takes to accurately anticipate technology-driven disruptions before they occur, prep to meet customer needs before they express them, and identify game-changing opportunities for school nutrition programs.



Building for the Future with CACFP

Upcoming CACFP Training Workshops

We are currently in the process of creating the 2019 CACFP training. An email was sent to all agencies on January 17, 2019 requesting a few minutes of your time to complete the needs assessment survey on Survey Monkey. The link to that survey is below. The survey only takes a couple of minutes to complete, and we would appreciate your input! We will use this information to create the agenda for the CACFP Plus! workshops that will be held across the state during the Spring/Summer of 2019. The link can be found at: <https://www.surveymonkey.com/r/CACFPNeedsSurvey>.

Note, this survey will close at 8 AM CT on Monday, February 11, 2019.

If you are unable to complete the online survey, please contact our office at (605) 773-3413 to request a PDF of this survey.

Mealtime Memos for Child Care

The January 2019 issue of *Mealtime Memo for Child Care*, the monthly newsletter that includes menus, recipes, and activities related to child care, is now online at <https://theicn.org/icn-resources-a-z/mealtime-memo/>. The January 2019 issue is titled **Safely Storing Breastmilk.**

Summer Food Service Program Training Registration for 2019

Prior sponsors and eligible potential partners will be getting information on summer meals options for 2019 early in February if not before. Each year we conduct a public outreach seeking sponsors who will provide meals for children 18 and younger in eligible areas to assist our South Dakota families during the summer months when school is not in session. Federal funds are available for the SFSP costs for providing meals. Under this program, all children eat meals for no charge. Reimbursement for the SFSP is paid based on meals served according to the USDA's Child Nutrition Program requirements.

Eligible sponsors include: public or private, nonprofit school food authorities; public or private, nonprofit residential summer camps; units of tribal, local, municipal, county, or state government; Public or private, nonprofit colleges or universities currently participating in the National Youth Sports Program; and private, nonprofit organizations.

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If you have not heard from us and are interested in providing meals, please complete the [SFSP Training Registration](#) before **February 22, 2019** and send to Julie.mccord@state.sd.us.

The 2019 Summer Food Service Program rates were not released at the time this was submitted but, will be available on the [South Dakota DOE Summer Food Service Program](#) website once they are available.

If your organization is planning to sponsor SFSP, you should decide now who will be the coordinator, as he/she or a team of administrative staff will need to attend the mandatory administrative webinar or workshop. No sponsor can operate unless they have attended an administrative training. The attendee(s) should be the person or team who works *directly* with administrating the program. If new to all Child Nutrition Programs, the representative must attend the workshop in Pierre, Thursday, March 28, 2019, with snow date of April 10, 2019. The workshop will be held at the MacKay Building, 800 Governors Drive in Pierre. If you have any questions, please call (605) 773-3110. The workshop is scheduled for 8 am to 4:30 pm Central Time. Attendance does not mean you have committed to conducting the program; you may attend to learn more and then decide.

REMINDERS

- **PROCUREMENT SUPPORT Calls** – Monthly 2nd Wednesday by Procurement Specialist Gerianne.Headrick@state.sd.us (605) 773-4718

Dial in phone number 1-866-410-8397 **Conference code** 3490506657

Save this Date! February 13, 2019, Informal Purchases will be topic - Your Procurement Plan must be updated annually and many of you do the Informal purchase method

SFSP Sponsors with Food Service Management Company or any vended contract for summer meals period contact Gerianne to get started on action needed for 2019 contracts.

Food Distribution Program

DoD FFAVORS

All agencies may add Entitlement Dollars to FFAVORS until May of 2019. If you would like to add money to FFAVORS send an email to Darcy Beougher at darcy.beougher@state.sd.us requesting an entitlement transfer to FFAVORS. You will be contacted individually after the email request is received.

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Annual Surveys

The Annual Surveys for 19-20 School Year are in the process of being opened. You will have two weeks to complete each survey. Please watch your inbox for the email communication.

Inclement Weather and USDA Food Delivery

This time of year, there is no guarantee with the weather. So, what happens if school is closed and you are expecting a delivery? According to the State contracted trucking company (Dizco), if your school is closed and you are expecting a Food Delivery, the delivery **will** most likely take place. If the weather is so bad trucks can't move, you will receive a call from Dizco and your delivery will take place the next day.

Updated Policies

Some policies have multiple numbers. That means those apply to multiple programs.

Child & Adult Care Food Program

No new policies have been issued for Child & Adult Care Food Program since the last bulletin. Current policies can be found at <http://www.fns.usda.gov/cacfp/policy> (CACFP memos).

School Nutrition Programs (SP Memos)

Policies that apply to school operation and administration can be found at <http://www.fns.usda.gov/school-meals/policy>. **No** new policies have been issued since the last bulletin.

Summer Food Service Program

No new policies have been issued for Summer Food Service Program. Policies can be found at <http://www.fns.usda.gov/sfsp/policy>.

Food Distribution

No new policies have been issued for food distribution programs since the last bulletin. Food Distribution policies can be found at <http://www.fns.usda.gov/fdd/policy>.

Contact CANS

For any questions, comments, or concerns

Email: DOE.SchoolLunch@state.sd.us

Phone: (605) 773-3413

Fax: (605) 773-6846

This institution is an equal opportunity provider.

Professional Standards Reminder: Any learning or training you receive about any aspect of the School Nutrition Programs can be counted as training time towards the professional standards annual training requirement. Reading the bulletin each month does count towards training hours.

Please retain documentation to show what topics were trained. For example, agenda, topics, handbook, certificate, etc. And record training on a Tracking Tool – we suggest using the [SD Tracker Tool](#) posted on the CANS NSLP website.

To credit training hours for time spent reading the Nutrition Bulletin, you will need to keep track of the time you spent reading and determine the applicable training codes. Appropriate documentation for this would be a copy of the bulletin signed and dated with the amount of time written on it.